



SUMMARY FACT SHEET



A maximum of five towns will participate in 2016. The town that achieves the greatest progress in people, place and policy activities to support healthier living will be the winner.



The winning town will receive a \$5,000 prize to be used for improving the local environment to support active living and healthy eating.

WINNER SELECTION CRITERIA



Collective progress towards healthy weight

Collective progress towards healthy weight will be calculated based on the number of people registering for the *Get Healthy Service*, their start and finish height and weight information provided through the standard data collection of the *Get Healthy Service*.



Place and policy activities

The towns will have to provide relevant documents, policy documents or other evidence.



Appropriate planning of activities, involvement of local partners and generation of financial and in-kind contribution locally will also be considered in selecting the winner.

DETAILS

- Email your town's application to: **santosh.khanal@sswaha.nsw.gov.au** or fax to: **8738 6371** by 6th November 2015
- Individual registration with Get Healthy Information and Coaching Service closes 26th February 2016.
- Healthy Town Challenge runs from 1st February 2016 to 1st August 2016. The duration of the challenge is 24 weeks.
- The participating towns will have to contribute to the overall evaluation of the Challenge.

The winning town will be announced September 2016 in Sydney, and an award presentation will be held about this time.

The winning town will be determined by NSW Health based on the winner selection criteria outlined on Page 11 of the brochure. All of people, place and policy based activities that the towns undertake as part of the challenge will be considered in selecting the winner.

No disputes will be entered into. An independent organisation (Healthways) will be contracted by NSW Health to collect and collate the data.

